



OUR LADY OF MOUNT CARMEL

23-25 NEWTOWN AVENUE, ASTORIA, NY 11102 | 718.278.1834

SUNDAY, MARCH 12, 2023

3RD SUNDAY OF LENT



Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." - Jn 4:10

OUR LADY OF MOUNT CARMEL ROMAN CATHOLIC CHURCH

PARISH MANAGER

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RELIGIOUS ED COORDINATOR

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OFFICE RECEPTIONIST

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PASTOR

Rev. Msgr. Cuong M. Pham

PAROCHIAL VICARS

Rev. Michael McHugh
Rev. Joseph Hung Tran

PERMANENT DEACONS

Deacon Ruben Mendez
Deacon Jacob Rodriguez

RETIRED PRIESTS IN RESIDENCE

Rev. Ed Brady, Pastor Emeritus
Rev. Joseph Tan Pham
Rev. Msgr. John Harrington, K.H.S.

MUSIC DIRECTOR

Lucille Mascia
music@mountcarmelastoria.org

MASS INTENTIONS FOR THE WEEK

SATURDAY, MARCH 11

5:00pm Giuseppe Castellisi,
Nikola Telesmanic (*2nd Anniversary*)

SUNDAY, MARCH 12 (Third Sunday of Lent)

8:00am In Thanksgiving by the Gervacio Family
9:00am Elio DiMonte
9:30am Maria Pastora Rodriguez
11:00am Frank & Nicoletta Todisco
12:30pm Abdel Halim Majid, William Cathor,
Francisca Cayetano Santos,
Fresolina Papiño (*Memorial de Cumpleaños*)
Yarimariel Melchor Aguilar (*Cumpleaños*)
3:00pm For the people of our parish

MONDAY, MARCH 13

8:00am Carol Anne Fine
12:00pm Carmelo Cini

TUESDAY, MARCH 14

8:00am Deceased Members of the Espanola
& Doronila Families
12:00pm Mercedes Beck

WEDNESDAY, MARCH 15

8:00am Giuseppe & Bernarda DiLorenzo
12:00pm Ligia Velasco

THURSDAY, MARCH 16

8:00am St. Joseph
12:00pm Mary & Joseph Zatura and Son

FRIDAY, MARCH 17 (*Saint Patrick*)

8:00am St. Joseph
12:00pm Ernesto Bertolotti

SATURDAY, MARCH 18 (*Saint Cyril of Jerusalem*)

8:00am St. Joseph
5:00pm Joseph Mascia

SUNDAY, MARCH 19 (*Fourth Sunday of Lent*)

8:00am Blanca Lidia Caballero
9:00am San Giuseppe
9:30am Angelina Taibi
11:00am Alfred Caridi
12:30pm Refugio & Enrique Garcia,
Wilfredo Hugo Ponce,
Rosa Bustamante Camacho &
Dagoberto Guillermo Magallanes Perez,
Sara Emilia Bustamante Carillo &
Roberto Carrion Garcia,
Marta Isabel Bojorquez de Chajon (*4 Aniversario*)
3:00pm For the people of our parish

SECOND COLLECTIONS

March 12, 2023— There will be a second collection after communion for our parish maintenance. Your donations enable us to maintain parish spaces in good condition for your use.

March 19, 2023— There will be a second collection after communion for Catholic Relief Services. ***Please note that the envelope you received is not dated but should be brought in on this day.***

Here is our live-streaming schedule of Masses:
Saturday— 5:00pm (English) & Sunday: 9:00am (Italian), 11:00am (English), 12:30pm (Spanish), & 3:00pm (Vietnamese). We hope this change encourages you to attend Mass in person and be able to receive the Body & Blood of Jesus Christ.

MASS SCHEDULE

Saturday	5:00 PM (Vigil Mass)
Sunday	Upper Church: 8:00 AM (English) 9:30 AM (Bi-lingual) 11:00 AM (English) 12:30 PM (Spanish) 3:00 PM (Vietnamese) Lower Church: 9:00 AM (Italian) 10:30 AM (Czech-Slovak)
Weekdays	8:00 AM and 12:00 Noon
Saturday	8:00 AM
First Fridays	7:30 PM (Spanish)
Holy Days	8:00 AM, 12 PM (English) and 7:30 PM (Bi-lingual)
Holidays	Only one Mass at 9:00 AM

CONFESSIONS:

Saturday 3:30pm—4:30pm (lower church)

CHURCH HOURS:

Weekday: 7:00am—7:00pm

Weekend: 7:00am—6:00pm

OFFICE HOURS

Weekday:

9:00am—12:00 Noon & 1:00pm—8:30pm

Saturday:

9:00am—12:00 Noon

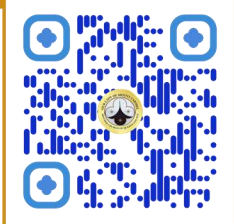
ST. JOSEPH'S CATHOLIC ACADEMY

28-46 44th St., Astoria, NY 11103

718.728.0724—www.stjosephsch.org

school@mountcarmelastoria.org

NEW TO THE PARISH?



WEEKLY OFFERING REPORT

(Does not Include Faith Direct)

Last weekend's collection: \$5,700

Same weekend last year: \$5,845

Follow us on Social Media:

@OLMCAstoria



JOIN FAITH DIRECT

Between demanding schedules, traveling, or just trying to get out the door on time for Mass, it can be challenging to prepare your church contributions on a regular basis as God calls us to do. Plus, for many families, the church collection is one of the last places where you still have to use a checkbook or cash.

Our parish is excited to offer Faith Direct as a secure online giving option for families to easily give one-time as well as recurring gifts via electronic check or debit/credit card. If you choose to set up a recurring gift, you can create your own online donor account to manage your gifts. It's as easy as online shopping or banking!

Faith Direct is already used by many of our parishioners. It is convenient, reliable and secure. It makes for safer record-keeping, faster processing, and more efficient communication for the parish office. Why not prayerfully consider Faith Direct as a new way to ensure that your contributions will make a difference. Begin today by visiting Faith.direct/NY370, or call **Faith Direct at 866-507-8757**, or **send a text with the word "Enroll" to 929-254-3850**.

Imagine the possibilities for sharing your gifts without the hassle of remembering checks and envelopes! Faith Direct will save you a lot of time.

PURGATORIAL SOCIETY

Remembering our deceased loved ones by having them prayed for at Mass on every first Friday of the month — the day traditionally dedicated to the Sacred Heart of Jesus, is a meaningful way to express our love. Enrollment is \$10 per name. Those enrolled the Purgatorial Society will be remembered for a whole year. This month we have enrolled **Robert Lohmann, Carlos Charini, Maria Severina Moloche, Enrique Zavala, Carlos Oswaldo Zavala Moloche, Susana Charini de Zavala, Nelly Zavala de Obando, Julio Obando Alva, Eduardo Toledo Anicama, Teresa Stuard de Zavala, Enrique Araki Tominaga, Guillermo Ames, Cesar Augusto Rodriguez Valera, Enrique Zavala, Cristina Zavala vda de Loayza, Herman Zavala, Lucho Zavala, Jose Zavala, Guillermo Rivarola**.

PRAYING FOR THE SICK

Prayer is one of the most powerful tools we have. It's a way for us to communicate with God and obtain His divine intervention. It can help sick people get well again and also gives us the strength in our own weakness and suffering. If you wish your loved ones who is sick to be prayed for at our daily Mass, kindly contact our parish office to place their names in our Prayer List. We are currently praying for **Raymond Pickering & Ophelia Roas**.

ANNUAL CATHOLIC APPEAL

Thank you to all the generous individuals who have made a pledge to our 2023 Annual Catholic Appeal. As of March 6th, there are 3 donors who pledged \$4,900 towards our goal of \$67,815. We have received \$2,700.

Dear brothers and sisters,

We are beginning the third week of Lent. This weekend's Gospel presents the detailed dialogue between Jesus and an ostracized Samaritan woman. This story of this nameless Samaritan woman at the well, recorded only in the Gospel of Saint John, is full of truths and powerful lessons. It assures us of God's infinite mercy and closeness to us in our brokenness; teaching us how to reach out to those who are different; and encouraging us to bring the best out of people whose lifestyle seems to be at odds with what we believe to be good and holy.

An outcast in her own community because of her promiscuous lifestyle, the Samaritan woman even despised herself, but Jesus recognized her spiritual thirst and engaged with her. The fact that Jesus, a respected Jew, would even interact with a sinful Samaritan woman, was itself an extraordinary outreach. This shows us that the grace of God is always there for everyone. Regardless of the entanglements of our lives, He values all of us enough to actively seek us, to draw us to His intimacy. Through his closeness, God brings out the best in us, sometimes in the most surprising way.

Like the Samaritan woman, there are many people today who thirst for healing, but they do not know how to go about encountering Jesus – perhaps they are too afraid, unsure or embarrassed to talk to God; perhaps they feel excluded or intimidated by others whose main agenda is to recognize and highlight their faults. In front of this woman who was apparently alienated and a moral wreck, Jesus only saw a person who mattered to God. She was led to gradually unburden her soul to him, a total stranger, because she finally found someone with kindness in his eyes instead of an air of critical superiority. Her search for water at the well was symbolic of her search for the *living water*, the gift of faith that would transform her and give her true life.

Many people today, like her, feel isolated, ostracized and rejected in some way — be it in their community, their family, their workplace or in society. Do you know any such persons? In the knowledge that Jesus loves us where we are, but loves us too much to leave us where we are, how might Jesus' encounter with the woman at the well teach or inspire us to recognize and engage with them? Jesus not only talked with the woman, but, in a carefully orchestrated dialogue, he guided her progressively from ignorance to enlightenment, and from misunderstanding to clearer understanding. It can be said that Jesus was making the Samaritan woman the most carefully and intensely catechized person in this entire Gospel. Engaging others personally, therefore, is the way in which we can make conversion and transformation happen. This is essentially what Pope Francis calls “a culture of encounter,” something so needed today in the church and in the world.

We often assume, perhaps from outward appearances, that we know what is going on in the lives of others. We often judge others from what we know of them. This Gospel story shows how Jesus did not treat others based on assumptions and judgments. Even when the woman did not want Jesus to get personal, he wanted to free her, forgive her, shape her life in a new direction. In their long, heart-to-heart conversation, the woman moved through several stages: first, she called him a Jew, then Sir or Lord, then Prophet, and finally Messiah. This deeply personal encounter with Jesus enabled and inspired her to undertake a very pivotal role in her community, drawing others to meet him at last.

The story of Jesus and the Samaritan woman at the well calls us to allow Jesus to freely enter our personal lives. God desires to enter our personal, “private” lives, especially during this Lenten season. We all have a “private” personal life which may be contrary to the will of God right now. Christ wishes to come into that “private” life, not to embarrass us, not to judge or condemn us, not to be unkind or malicious to us, but to free us, to change us, and to transform us.

The Samaritan woman was challenged to get rid of her sinful life. We are also challenged to get rid of our unholy attachments and the evil habits that keep us enslaved and idolatrous. Lent is the time to learn from our mistakes of over-indulgence in food, drink, drugs, gambling, promiscuity, laziness, procrastination or any other addiction that may keep us from coming to the *living water* of a right relationship with God. We all have our short list, don't we? And we all know, honest to God, what it is we need to leave behind.

With my sincere prayer,
Msgr. Cuong M. Pham

Queridos hermanos y hermanas,

Estamos comenzando la tercera semana de Cuaresma. El Evangelio de este fin de semana presenta el diálogo detallado entre Jesús y una mujer Samaritana condenada al ostracismo. Esta historia de esta mujer Samaritana sin nombre en el pozo, registrada solo en el Evangelio de San Juan, está llena de verdades y lecciones poderosas. Nos asegura la misericordia infinita de Dios y su cercanía con nosotros en nuestro quebrantamiento; nos enseña cómo llegar a los que son diferentes; y nos anima a sacar lo mejor de las personas cuales estilos de vidas parecen estar en desacuerdo con lo que creemos que es bueno y santo.

Excluida en su propia comunidad por su estilo de vida promiscua, la mujer Samaritana incluso se despreciaba a sí misma, pero Jesús reconoció su sed espiritual y se acercó a ella. El hecho de que Jesús, un judío respetado, interactuara con una mujer Samaritana pecadora, fue en sí mismo un alcance extraordinario. Esto nos muestra que la gracia de Dios siempre está ahí para todos. Independientemente de los enredos de nuestras vidas, Él nos valora a todos lo suficiente como para buscarnos activamente, para atraernos a Su intimidad. A través de su cercanía, Dios saca lo mejor de nosotros, a veces de la manera más sorprendente.

Al igual que la mujer Samaritana, hay muchas personas hoy que tienen sed de sanación, pero no saben cómo hacer para encontrar a Jesús; tal vez tienen demasiado miedo, inseguridad o vergüenza para hablar con Dios; tal vez se sientan excluidos o intimidados por otros cuales sus agendas principales es reconocer y resaltar sus faltas. Frente a esta mujer que aparentemente estaba alienada y moralmente arruinada, Jesús solo vio a una persona que le importaba a Dios. Ella fue llevada a descargar gradualmente su alma a Él, un extraño porque finalmente encontró a alguien con bondad en sus ojos en lugar de un aire de superioridad crítica. Su búsqueda de agua en el pozo simbolizaba su búsqueda del *agua viva*, el don de la fe que la transformaría y le daría la verdadera vida.

Muchas personas hoy, como ella, se sienten aisladas, marginadas y rechazadas de alguna manera, ya sea en su comunidad, su familia, su lugar de trabajo o en la sociedad. ¿Conoces a alguna de esas personas? Con el conocimiento de que Jesús nos ama donde estamos, pero nos ama demasiado como para dejarnos donde estamos, ¿cómo podría el encuentro de Jesús con la mujer junto al pozo enseñarnos o inspirarnos a reconocerlos y relacionarnos con ellos? Jesús no sólo habló con la mujer, sino que, en un diálogo cuidadosamente orquestado, la guio progresivamente de la ignorancia a la iluminación, y de la incomprensión a una comprensión más clara. Se puede decir que Jesús estaba haciendo de la mujer Samaritana la persona más cuidadosa e intensamente catequizada de todo este Evangelio. Involucrar a otros personalmente, por lo tanto, es la forma en que podemos hacer que la conversión y la transformación sucedan. Esto es esencialmente lo que el Papa Francisco llama “una cultura del encuentro,” algo tan necesario hoy en la iglesia y en el mundo.

A menudo asumimos, quizás por las apariencias externas, que sabemos lo que está pasando en la vida de los demás. Juzgamos a los demás por lo que sabemos de ellos. Esta historia del Evangelio muestra cómo Jesús no trató a los demás basándose en suposiciones y juicios. Incluso cuando la mujer no quería que Jesús se volviera personal, Él quería liberarla, perdonarla y moldear su vida en una nueva dirección. En su larga conversación de corazón a corazón, la mujer atravesó varias etapas: primero, lo llamó Judío, luego Señor, luego Profeta y finalmente Mesías. Este encuentro profundamente personal con Jesús la capacitó e inspiró para asumir un papel fundamental en su comunidad, atrayendo a otros a conocerlo por fin.

La historia de Jesús y la mujer Samaritana junto al pozo nos llama a dejar que Jesús entre libremente en nuestras vidas personales. Dios desea entrar en nuestras vidas personales y “privadas,” especialmente durante esta temporada de Cuaresma. Todos tenemos una vida “privada” que puede ser contraria a la voluntad de Dios en este momento. Cristo desea entrar en esa vida “privada,” no para avergonzarnos, ni juzgarnos ni condenarnos, ni ser cruel o malicioso con nosotros, sino liberarnos, cambiarnos y transformarnos.

La mujer Samaritana fue desafiada a deshacerse de su vida pecaminosa. También somos desafiados a deshacernos de nuestros apegos y hábitos males que nos mantienen esclavizados e ídolatras. La Cuaresma es el tiempo para aprender de nuestros errores de exceso en la comida, la bebida, las drogas, el juego, la promiscuidad, la pereza, la procrastinación o cualquier otra adicción que pueda impedirnos llegar al agua viva de una relación correcta con Dios. Todos tenemos nuestra lista corta, ¿no? Y todos sabemos, honestamente, qué es lo que debemos dejar atrás.

Con mi sincera oración,
Mons. Cuong M. Pham

THIS WEEK IN OUR PARISH

Sunday, March 12

8:00am—11:30am Italian Community *Lourdes A/B*
 10:00am—2:00pm Czech Community *Guadalupe A/B*
 10:00am—12:00pm Spanish RCIA *Upper Room+ Fatima*
 10:30am—12:30pm Cursillo *Gym*
 1:00pm—3:30pm Divina Misericordia Venta *Gym*
 3:30pm—5:30pm Practica Via Crucis *Guadalupe B*

Tuesday, March 14

3:30pm—6:00pm Porque Ser Catolico? *Fatima*
 5:00pm—9:00pm CYO *Gym*
 5:30pm—6:45pm Mariachi School *Balcony Rooms*
 6:00pm—9:00pm Marriage Encounter *Guadalupe+ Fatima*
 7:00pm—9:00pm Coro #1 *Nazareth*

Wednesday, March 15

4:30pm—7:30pm Religious Education *All Rooms*
 7:30pm—9:30pm CYO *Gym*

Thursday, March 16

10:00am—11:30am Legion of Mary *Guadalupe B*
 6:00pm—7:30pm Religious Education *All Rooms*
 7:30pm—9:00pm CYO *Gym*

Friday, March 17

6:30pm—8:30pm Youth Meeting *Guadalupe A/B*
 7:30pm—9:00pm English RCIA *Lourdes A/B*

Saturday, March 18

9:00am—3:00pm English Lent Retreat *Guadalupe A/B*
 9:00am—1:00pm AA Meeting *Lourdes A/B*
 10:00am—12:00pm Spanish Children's Choir *Upper Room*
 4:00pm—9:00pm Adult Sewing Group *Lourdes A/B*
 5:00pm—7:00pm Ministerio de Consolacion *Upper Room*
 5:00pm—7:00pm Bilingual Choir Practice *Fatima*
 5:00pm—6:30pm Coro Via Crucis Practice *Guadalupe A/B*
 6:30pm—9:30pm Com Porque Ser Catolico? *Nazareth*

INFANT BAPTISM

BAUTISMO

Preparation Meeting

Tuesday—6:00pm—Institute

March 21, 2023

April 18, 2023

May 23, 2023

June 20, 2023

July 18, 2023

August 22, 2023

September 19, 2023

October 24, 2023

November 21, 2023

December 19, 2023

Baptism Ceremony

12:00pm— Upper Church

March 25, 2023

April 22, 2023

May 27, 2023

June 24, 2023

July 22, 2023

August 26, 2023

September 23, 2023

October 28, 2023

November 25, 2023

December 23, 2023

Please Note: All Baptisms will be celebrated on Saturday at 12:00pm instead of Sunday. Please note that attending the preparation meeting is required for both parents and godparents.

Reunión de Preparación

Martes—6:00pm—Instituto

9 de Mayo, 2023

6 de Junio, 2023

27 de Junio, 2023

8 de Agosto, 2023

5 de Septiembre, 2023

10 de Octubre, 2023

5 de Diciembre, 2023

Ceremonia de Bautismo

12:00pm—Iglesia de Arriba

NO HAY BAUTISMOS EN ABRIL

13 de Mayo, 2023

10 de Junio, 2023

8 de Julio, 2023

12 de Agosto, 2023

9 de Septiembre, 2023

14 de Octubre, 2023

NO HABRA BAUTISMOS EN NOVIEMBRE

9 de Diciembre, 2023

Por Favor Notar: Todos los bautizos serán celebrados los Sábados a las 12:00pm en vez de los Domingos. Asistencia a las juntas de preparación es mandatorio para los padres y padrinos.

PARISH REGISTRATION

REGISTRACION PARROQUIAL

We encourage all who worship with us to consider joining our parish officially. Registering will enable our parish to serve your spiritual needs better. Please return this form in the collection or drop it off at the parish office. Your active participation will strengthen your faith and your sense of belonging in God's family.

Registrarse oficialmente permitirá que nuestra parroquia les pueda servir sus necesidades espirituales mejor. Por favor devuelva este formulario en la colecta o déjelo en la oficina parroquial. Su participación activa fortalecerá su fe y su sentido de pertenencia en la familia de Dios.

Name(s): _____

Address: _____ Apt _____

Telephone: _____

E-mail: _____

Nombre(s): _____

Dirección: _____ Apt _____

Teléfono: _____

E-mail: _____

PLEASE CHECK [] *New Registration* [] *Changed Address*
 [] *I prefer envelopes* [] *I prefer E-giving*

POR FAVOR [] *Nueva Registración* [] *Cambio de dirección*
MARCAR [] *Prefiero Sobres* [] *Donaciones en línea*

VOCATION DISCERNMENT OPPORTUNITIES



FRATERNITAS — MARCH 25, 2023 —

A group for middle school—high school aged boys dedicated to instilling Christian values in young men with the goal of fostering true Catholic gentlemen. The afternoon will include prayer, catechesis, sports, pizza lunch and Sunday Vigil Mass. Contact vocations@diobrook.org for more information.

JEREMIAH PROJECT — MARCH 31—APRIL 2, 2023—

A weekend retreat for young men 18 and older. An opportunity to discern a possible vocation to the priesthood through discussions, prayer and fraternity. Forms are available in the parish office or you may contact the Vocations Office at vocations@diobrook.org.

FRATERNITY OF OUR LADY OF MOUNT CARMEL

Every fourth Sunday of the month, all members are invited to attend Mass at 9:00am in Italian preceded by the recitation of the Rosary. If you are interested in becoming a member, you would be installed at our annual Feast Day Mass in July, please call the parish office and leave your name and number.

LENTEN EVENING OF RECOLLECTION



On Tuesday, March 28, from 7PM to 9PM in the main church, there will be an Evening of Recollection for all liturgical ministers, catechists, group leaders, committee members & parish volunteers. This special evening will feature an English track and a Spanish track, led by Father Michael Bruno - Retreat Master, Church Historian and Professor at St. Joseph's Seminary in Yonkers, NY, and Father Pedro Lopez - Retreat Master, Director of Divine Mercy Apostolates in the Diocese of Brooklyn. There will be presentations on special Lenten themes, Questions and Answers, followed by Adoration and Benediction. Stay tuned for more information next week.

PARISH LENTEN RETREAT



On Saturday, March 18, there will be a Lenten Retreat designed for all adults and youth of our parish. The Retreat will feature two separate tracks, one for adults and one for teens and young adults. The adult track will begin with breakfast in the Institute following the 8am Mass in the chapel, and the youth track will begin with lunch in the Institute following the 12 noon Holy Hour in the chapel. Free admission for all. Please share this spiritual gift with your friends and invite them to join you for this retreat.

Our Retreat Master and special Guest Speaker will be Father John P. Cush, S.T.D., Professor of Dogmatic Theology & External Formation Advisor at St. Joseph's Seminary in Yonkers, NY. Father Cush was a contemporary of our own pastor Msgr. Cuong Pham. He also attended the Gregorian University in Rome, Italy, and has served as Vice-Rector and Dean of Formation at the North American College Seminary in the Eternal City. He is a prolific writer and has contributed regularly to our diocesan newspaper The Tablet. This May he will celebrate his 25th Anniversary of Ordination to the Priesthood. We look forward to an uplifting Retreat with him.

ADULTS RETREAT

THEME: *Jesus' Portraits in the Four Gospels: How We Can Pray with Each of These Portraits.*

- 08:00AM-08:45AM – Mass in Chapel
- 09:00AM-09:30AM – Light Breakfast/Fellowship
- 09:30AM-10:30AM – Adult Conference
- 10:30AM-10:45AM – Break
- 10:45AM-11:45AM – Q & A
- 12:00PM-01:00PM – Holy Hour in Chapel

YOUTH RETREAT

THEME: *Finding Joy in the Passion of Christ.*

- 12:00PM-1:00PM – Holy Hour in Chapel
- 1:00PM-2:00PM – Youth Lunch
- 2:00PM-2:30PM – Youth Conference
- 2:30PM-3:00PM – Youth Q&A
- 3:00PM-4:00PM – Recreation in Gym

FEAST DAY OF ST. JOSEPH

The Italian Community of Our Lady of Mount Carmel Church of Astoria, and The Saint Joseph Congregation invites all to come and celebrate a Mass in Honor of Saint Joseph on Sunday March 19, 2023 at 9am. Distribution of bread after the Mass.

LENTEN REGULATIONS

The penitential and grace-filled Lenten Season begun with Ash Wednesday. It is a time of hope-filled renewal as the Church journeys towards Easter. During Lent, the Church calls us to a deeper spirit of penance, fasting, almsgiving and prayer, "which express conversion in relation to oneself, to God, and to others" (*Catechism of the Catholic Church, nos. 1434 and 1969*). To foster this spirit, the Church reminds us of the following obligations:

Abstinence: Healthy Catholics age 14 and older are required to abstain from meat on Ash Wednesday, every Friday of Lent and Good Friday.

Fasting: Healthy adult Catholics age 18-59 inclusive are bound to fast, limiting food to one full meal with minimal food at the other two mealtimes and nothing in between.

Almsgiving: The act of giving to the poor, in the most ancient tradition of the Church, is an expression of penance, a witness of fraternal charity, and an expression of Lenten conversion. Catholics are encouraged to support generously the charitable works of the whole Church through regular stewardship to their parish, support of charities, and their generous response to the diocesan Annual Catholic Appeal.

Those not bound by these regulations, such as young and elderly persons or those who are sick, are encouraged to practice other forms of personal penance and sacrifice.

Bishop Robert Brennan has dispensed the abstinence obligation for Friday, March 17, the Feast day of Saint Patrick throughout the Diocese of Brooklyn. The faithful should substitute it with another form of penitential sacrifice or charity work.

REGULACIONES DE CUARESMA

La temporada de Cuaresma penitencial comenzó con Miércoles de Ceniza. Es un tiempo de renovación llena de esperanza a medida que la Iglesia camina hacia la Pascua. Durante la Cuaresma, la Iglesia nos llama a un espíritu más profundo de penitencia, ayuno, limosna y oración, "que expresan la conversión en relación con uno mismo, con Dios y con los demás" (*Catecismo de la Iglesia Católica, nos. 1434 y 1969*). Para fomentar este espíritu, la Iglesia nos recuerda las siguientes obligaciones:

Abstinencia: Todos los fieles que han cumplido 14 años de edad deben abstenerse de comer carne el Miércoles de Ceniza y todos los viernes de Cuaresma.

Ayuno: Todos los fieles entre las edades de 18 y 59 inclusivo están obligados a ayunar. El ayuno significa limitarse a una comida completa y evitar los alimentos entre comidas. El sustento ligero se puede tomar en otras dos ocasiones durante el día. El café, y el té están permitidos en cualquier momento.

La limosna: El acto de dar a los pobres, en la más antigua tradición de la Iglesia, es expresión de penitencia, testimonio de caridad fraterna y expresión de conversión cuaresmal. Los Católicos son animados a apoyar generosamente las obras caritativas de toda la Iglesia a través sus contribuciones regulares a nuestra parroquia, el apoyo a las organizaciones benéficas y su generosa respuesta a la Campaña Católica Anual.

A los que no están sujetos a estas normas, como los niños, los mayores de edad o los enfermos, se les anima a practicar otras formas de penitencia y sacrificio personal.

El Obispo Robert Brennan ha dado una dispensa para obligación de abstinencia el viernes 17 de marzo, día de San Patricio por la diócesis de Brooklyn. Los fieles deben substituir con otra forma de sacrificio o trabajo caritativo.

7TH ANNUAL PRO-LIFE WALK

International Gift of Life Walk - NYC 7th Annual Pro-Life Walk
March 25, 2023, 11:00 AM

Dr. Haywood Robinson, Grand Marshal Ed Mechman, Guest Speaker

Witness to the Dignity of the Human Person As You Walk Down the Canyon of Hero's

Register at <https://personhoodeducationny.com/international-gift-of-life-walk-nyc/>

Sponsored by Personhood Education NY
P. O. Box 424 Hicksville, NY 11802
Phone: 631-487-7578

Email: info@personhoodeducationny.com

STATIONS OF THE CROSS

You are cordially invited to participate in our parish's celebration of the Stations of the Cross/Via Crucis. **This traditional devotion is held in English every Friday during Lent right after the 12 Noon Mass in the chapel.** Booklets will be provided for all participants. Come to retrace the steps of Jesus, to know the depth of His Love for you!

ROSARY SOCIETY MEETING

The next Rosary Society meeting will take place on **April 2nd**, after the 9:30am Bilingual Mass. All ladies over 15 years old are invited to come to the Institute and join us to pray the Rosary. Refreshments will be served.

NOCHE DE REFLEXIÓN CUARESMAL

REFLEXIONES DE CUARESMA

El martes 28 de marzo, de 7:00pm a 9:00pm en la iglesia de arriba, habrá una Noche de Retiro para todos los ministros litúrgicos, catequistas, líderes de grupo, miembros del comité y voluntarios parroquiales. Esta noche especial contará con una pista en inglés y otra en español, dirigida por el padre Michael Bruno, maestro de retiros, historiador de la iglesia y profesor en el Seminario St. Joseph en Yonkers, Nueva York, y el padre Pedro López, maestro de retiros, director de los Apostolados de la Divina Misericordia en la Diócesis de Brooklyn. Habrá presentaciones sobre temas especiales de Cuaresma, Preguntas y Respuestas, seguidas por Adoración y Veneración. Estén atentos para más información la próxima semana.

RETIRO CUARESMAL

Habrá un retiro en el gimnasio el 19 de marzo patrocinado por el Grupo Carismático Renovación de nuestra parroquia. Todos están invitados. Vea la imagen abajo para mas información.



Nuestra Señora del Monte Carmelo
23-25 Newtown Avenue, Astoria, NY 11102

*El Grupo de Oración, RCC,
les invita a un Retiro Especial de Cuaresma*

**Tiempo de Penitencia
y Conversion**



Invitado Especial:
Diacono Raul Elias

*Domingo 19 de Marzo
2:00pm- 8:00pm
Cerrando con una Hora Santa*

*con presentaciones especiales de
Maria Aceves & Nurys Rodrigues
y musica por el Ministerio Agua de Vida*

ESTACIONES DE LA CRUZ

Están cordialmente invitados a participar en las celebraciones de las Estaciones de la Cruz/ Vía Crucis **cada viernes durante la Cuaresma a las 7:00pm en la Capilla.** Ven a conocer los pasos de Cristo y la profundidad de Su amor por ustedes!

PROXIMA SEGUNDA COLECTA

12 de Marzo 2023— La segunda colecta después de la comunión para nuestro mantenimiento parroquial. Sus donaciones nos permite mantener los espacios en buena condición para su uso.

Por favor note que los sobres para “Catholic Relief Services” no tienen fecha pero serán colectados el 19 de marzo, 2023 después de la comunión.

EVENTOS— DIVINA MISERICORDIA



VENTA DE COMIDA
FONDOS RECAUDADOS SE USARAN
PARA HACER EL SANTUARIO DE LA
DIVINA MISERICORDIA.
GRACIAS POR SU APOYO!

COMIDAS

TACOS DORADOS
TACOS PLACEROS
TACOS DE CARNITAS
TOSTADAS DE TINGA
POZOLE
ENCHILADAS ROJAS
PAMBAZOS

POSTRES

GELATINAS
FLAN
PASTEL
MUFFINS
CAFE

12 DE MARZO EN EL GYMNASIO
DESPUES DE LA MISA DE 12:30PM



NUESTRA SEÑORA DEL
MONTE CARMELO LES
INVITA A REZAR LA

**CORONILLA
A LA
DIVINA
MISERICORDIA**

Se rezara la Coronilla el 25 de marzo, 2023 en la Iglesia de Arriba a las 6:30pm. Los esperamos!

Para mas información, llama a la oficina parroquial al 718.278.1834



As a member of the Diocese of Brooklyn, you are part of a family of Catholics who practice their faith and lives a life of stewardship throughout Brooklyn and Queens.

You can help maintain vital programs and ministries that serve Jesus by reaching out in love to our brothers and sisters in the Lord through your participation in the Annual Catholic Appeal.

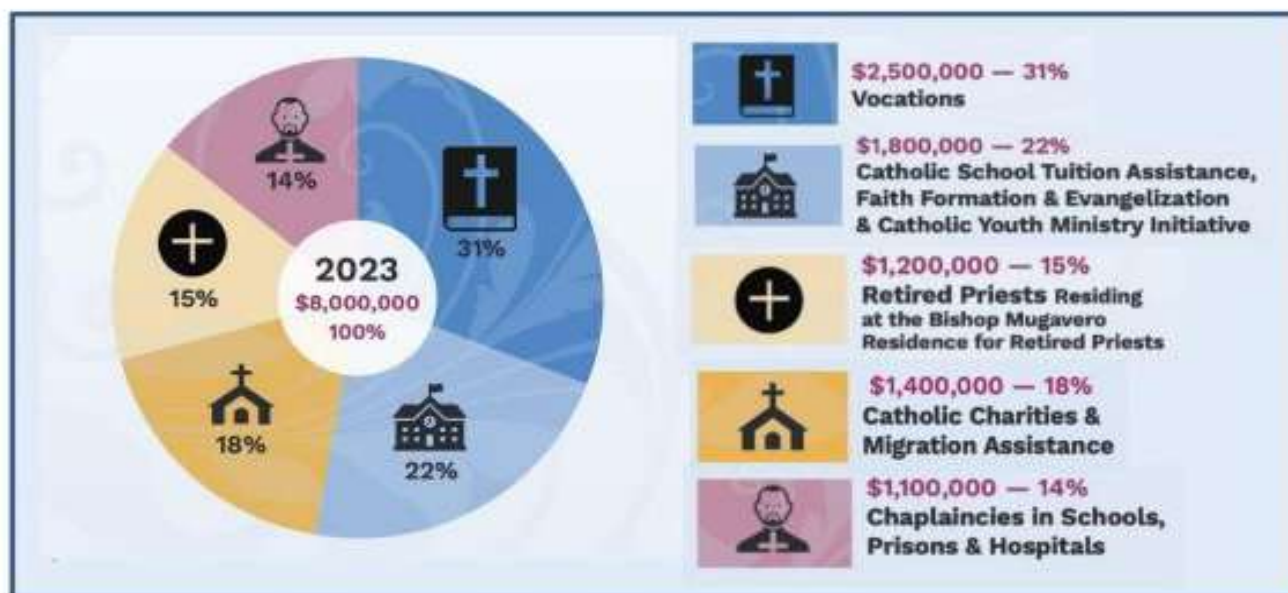


Q: What do the contributions from the Annual Catholic Appeal support?

A: Simply, PEOPLE. Our greatest challenge as Catholics is to play our part in loving and serving our neighbor. So many of our brothers and sisters are in need, and we are blessed when we freely share our gifts with others with God’s Love, Compassion, and Joy.

The Annual Catholic Appeal is at the center of our efforts to put Jesus’ love to work. By making a pledge commitment, you make possible the work which goes beyond any one parish alone; outreach to those in need through our diocesan social ministry programs; increasing our Church’s efforts in recruiting and training candidates for the priesthood and religious life; Supporting Faith Formation; enable Catholic Charities to continue their multi-services in our community; support our retired priests; make chaplains available to hospitals, prisons, and schools; and ensure that we are able to continue assisting the newest members of our community--immigrants.

Q: How is the money donated used – is there a list?



Q: Does our parish benefit from this effort?

A: Our parish benefits – the diocesan-wide ministries benefit - and all living in Brooklyn & Queens benefit. Your kindness nurtures the Words of Christ in many wonderful ministries, programs, and services provided throughout Brooklyn and Queens – including those in our parish. As an example, the future of all parishes depends on having enough priests to minister to them. The Annual Catholic appeal does the job of supporting vocations in ways that no one parish alone could ever hope to accomplish ensuring that there will be priests to celebrate Mass in all of our parishes.

In addition to this one clear example, our parish will also receive all funds raised over the parish goal to fund parish initiatives. In essence, your support of the ACA allows our parish to utilize funding for other initiatives. Of course, your weekly support of our parish is crucial, and you are encouraged to continue to share your generosity with our parish primarily through the Sunday collection. But it is also important to remember that the Church extends far beyond the walls of our beautiful church and great parish.

Q: I can only give a small amount, my gift is not important – so, why should I give?

A: We are asking people to give proportionately to their ability - every gift is important. The Lord has shared many gifts with each of us. As Christians, we are called to share His blessing with others. Your gift is truly a personal sacrifice that we are most grateful for, so reflect upon this decision as you share your gift. No matter if it is a one-time gift of \$50 or a pledge for the year of \$2,500, every gift gets our parish closer to fulfilling its responsibility to the broader Catholic Community in Brooklyn and Queens.

Every Gift makes a difference!

The Diocese of Brooklyn is made up of people like you from 175 different parishes bonded together in the love of Christ. Part of being a responsible Catholic is looking after others, particularly those in need. As St. Paul says, *“When one member suffers, we all suffer. When one rejoices, we all rejoice.”* that is why we have the Annual Catholic Appeal.

**Please be as generous as
you can when you are asked
to participate in the Annual
Catholic Appeal.**

Thank you!